



Questions for your doctor about blood pressure medication

- 1) What if I am not comfortable taking medications?
- 2) What are the side effects?
- 3) Should I avoid any foods or other medicine?
- 4) How does my medication lower blood pressure?
- 5) How long will it take for my blood pressure medication to work?
- 6) What should I do if I forget to take my medication?
- 7) How do I remember to take my medication every day?
- 8) How do I know if the medication is working?
- 9) What are the risks if I do not take blood pressure medication?